Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 16 Jun 2023 until 23:59 on Saturday 17 Jun 2023

Forecast Issued on Friday 16 Jun 2023 at 03:19 by Met Office Aberdeen

Confidence: High for more mainly dry, sunny and very warm weather on Friday and Saturday but then a change to more showery conditions on Sunday and Monday.

Headline for Friday 16 Jun 2023: Dry, sunny and very warm again.

Mountain weather hazards on Friday 16 Jun 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny	Sunny	Sunny intervals	Sunny intervals	Sunny
Precipitation probability					
00%	00%	<05%	<05%	<05%	00%

Forecast for Friday 16 Jun 2023

Weather: A sunny morning then a bright and very warm afternoon with the odd shower possible, but the vast majority of places staying dry.

Chance of cloud-free hill tops above 800m: 100%.

Low cloud and visibility: Good visibility with any cloud above summits. Slightly hazy.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 16 Jun 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/6 SE	6/8 SE	6/9 S	6/9 W	7/10 NE	10/13 SE	10/13 SE
900	5/6 SE	6/8 SE	6/9 S	6/9 W	6/9 NE	10/13 SE	10/13 SE
600	4/5 S	5/7 SE	7/10 SE	5/8 NW	6/9 NE	8/11 SE	8/11 SE
300	1/3 SE	2/5 SE	3/8 S	2/6 S	3/9 NE	3/9 E	5/9 E
Glen	1/1 NE	2/3 SW	5/8 W	8/12 W	6/11 NE	6/9 NE	6/9 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	14/13	14/13	16/15	17/16	15/14	15/13	14/12
900	15/14	14/13	17/15	18/17	16/15	15/14	14/12
600	16/15	17/16	19/18	20/19	18/17	17/16	16/15
300	16/16	20/19	23/22	24/24	22/21	19/19	16/16
Glen	18/19	22/22	25/24	25/23	24/23	21/21	19/18
Freezing Level*	2000m	2500m	2300m	2700m	2700m	2600m	2500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Another very warm day bringing a risk of dehydration and heat stress.

Forecast for Saturday 17 Jun 2023
Weather: Mainly dry with bright or sunny spells. A few isolated heavy showers developing during the afternoon but most places staying dry and bright. Very warm and humid.

Maximum wind: South or Southeast 10-15mph.

Chance of cloud-free hill tops above 800m: 95%.

Low cloud and visibility: Good visibility although slightly hazy. Patchy summit cloud any heavy showers later.

Temperature: **Glens:** Plus 15C rising to 25 to 27C.
At 800m: 12C rising to 18C.
Freezing level: Well above summits.

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